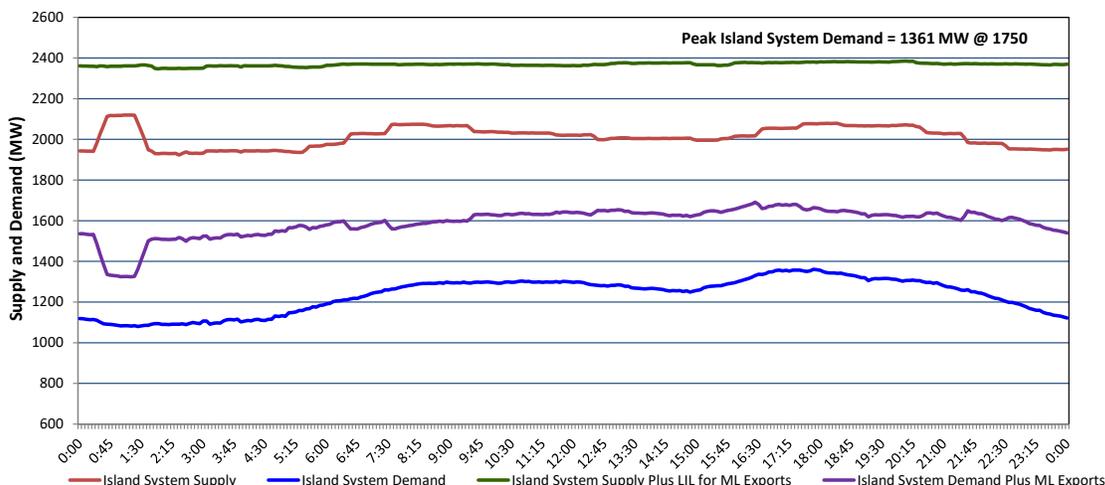


**Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Thursday, February 19, 2026**

**Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Wednesday, February 18, 2026**



Island Supply Notes For February 18, 2026

- A As of 1425 hours, December 22, 2025, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- B As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- C As of 1701 hours, February 05, 2026, Holyrood Unit 1 available at 166 MW due to forced derating (170 MW).
- D As of 1115 hours, February 16, 2026, Holyrood Unit 2 available at 150 MW due to planned derating (170 MW).
- E As of 1808 hours, February 17, 2026, Holyrood Unit 3 available at 100 MW due to planned derating (150 MW).

**Section 2
Island Interconnected System - Supply, Demand & Outlook**

Thu, Feb 19, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	2,060 MW	Thursday, February 19, 2026	1,335	1,240
NLH Island Generation: ^{3,7}	1,605 MW	Friday, February 20, 2026	1,380	1,284
NLH Island Power Purchases: ⁵	115 MW	Saturday, February 21, 2026	1,395	1,299
NP and CBPP Owned Generation:	215 MW	Sunday, February 22, 2026	1,390	1,294
LIL/ML Net Imports to Island: ⁹	125 MW	Monday, February 23, 2026	1,440	1,343
		Tuesday, February 24, 2026	1,435	1,338
7-Day Island Peak Demand Forecast:	1,440 MW	Wednesday, February 25, 2026	1,380	1,284

Island Supply Notes For February 19, 2026

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

**Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak**

Wed, Feb 18, 2026	Island Peak Demand ¹⁰	17:50	1,361 MW
	Exports at Peak		303 MW
	LIL Net Imports to Island		2,386 MWh
Thu, Feb 19, 2026	Forecast Island Peak Demand		1,335 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).